

Region 4C Championship Meet

Results

#1 Boys 200 Yard Medley Relay

KRHS: 1:38.75@ 2017 Kettle Run High School

J. Heenan, T. Smith, G. Finan, N. Fallows

20174A W Rec: 1:39.43\$ 2017 Loudoun County

J Yeager, K Backus, C Hughes, S Hunter

1:45.79 4A VHSL 4A

1:50.23 REG REG 4C

Team	Relay	Finals Time
1 KRHS-VA	A	1:37.62@4A
Heenan, Jake JR	Smith, Tanner SR	
Finan, Garrett SR	Whitted, Andy SR	
24.39	51.84	1:15.70 1:37.62
2 LCHS#	A	1:39.56 4A
Koenig, Colby	Backus, Kyle	
Hughes, Collin	Hunter, Shane	
26.67	54.16	1:17.24 1:39.56
3 RVHS-VA	A	1:41.84 4A
Quan, Robert FR	Barmak, Taylor SR	
McCummings, Jackson JR	Lippy, Brock JR	
26.14	54.89	1:19.38 1:41.84
4 HHS-VA	A	1:42.30 4A
Smolsky, Jordan FR	Lees, Tommy SO	
Rossbach, John JR	Walsh, Thomas SR	
25.65	53.70	1:18.31 1:42.30
5 SHS	A	1:45.23 4A
Pham, Peter FR	Pham, Mathew JR	
Ibrahim, Ayman SR	Gannon, Angelo SR	
28.02	57.02	1:21.15 1:45.23
6 WGST	A	1:46.74 REG
Russello, Gage SR	Turman, Vincent SO	
Piliere, Ben SR	Markey, Liam SO	
28.28	57.06	1:21.51 1:46.74
7 DHS	A	1:47.17 REG
Curran, Michael SO	Blusiewicz, Andrew FR	
Milenski, Jack SO	Wright, Kieran JR	
28.51	57.42	1:24.11 1:47.17
8 PVHS	A	1:48.10 REG
Muller, Christian SR	Stevens, Carson SR	
Johnson, Kyle SO	Carroll, Brandon SR	
30.29	57.82	1:22.77 1:48.10
9 MHS-VA	A	1:56.10
McCarthy, Tim FR	Sherman, Joel SR	
Northrup, Patrick SR	Hicks, Zach SR	
29.34	1:05.20	1:31.80 1:56.10
10 JHHS-VA	A	1:57.79
Love, Mercer	Moss, Ethan	
Tufts, Brian	Mckay, Tommy	
30.32	1:04.95	1:32.63 1:57.79
11 LV-VA	A	2:00.81
Vaillancourt, Luke SR	Conklin, Adam SR	
Middleton, Kaden JR	Serafin, Wyatt SR	
29.61	1:04.84	1:37.06 2:00.81

#2 Girls 200 Yard Medley Relay

KRHS: 1:54.29@ 2017 Kettle Run High School

C. Adair, M. Maranto, E. Kerrigan, A. Baccus

20174A W Rec: 1:52.00\$ 2016 Heritage High School

L Caroline, Y Kinney, E Missing, A Missing

1:59.29 4A VHSL 4A

2:04.05 REG REG 4C

Team	Relay	Finals Time
1 RVHS-VA	A	1:49.17\$ 4A
Porter, Claire FR	Ye, Hannah SO	
Nguyen, Claire JR	Kopac, Allison SO	
28.49	59.88	1:25.06 1:49.17
2 WGST	A	1:49.81\$ 4A
Carter, Hannah SR	Bernal, Daphne FR	
Frie, Sarah SO	Pyle, Ellee FR	
28.94	58.30	1:23.94 1:49.81
3 DHS	A	1:50.58\$ 4A
Bogushefsky, Ashley SO	Wiles, Taylor FR	
Schlemmer, Rachel SO	McMillan, Kelli FR	
28.68	1:00.41	1:25.31 1:50.58
4 KRHS-VA	A	1:53.46@4A
Adair, Caitlyn JR	Talomie, Peyton FR	
Kerrigan, Erin SO	Sutliff, Claire JR	
27.29	1:00.42	1:27.56 1:53.46
5 SHS	A	1:56.73 4A
Jones, Jordyn SO	De Jong, Emma FR	
Schultz, Kyra SO	Armell, Lindley FR	
29.92	1:00.49	1:29.59 1:56.73
6 LCHS#	A	1:57.49 4A
Wagner, Nerissa	Davis, Spencer	
Vanderloo, Lexie	Calvert, Julia	
30.22	1:04.01	1:31.91 1:57.49
7 HHS-VA	A	1:59.67 REG
Champ, Melody SR	Kinney, Yaiza SR	
Missing, Annabel JR	Overton, Audrey JR	
31.86	1:05.05	1:32.63 1:59.67
8 JHHS-VA	A	2:01.00 REG
Fergus, Kenzi	Felix, Kendall	
Young, Molly	Watts, Meredith	
29.29	1:03.96	1:34.73 2:01.00
9 LV-VA	A	2:03.44 REG
Lu, Jessica SR	Manzo, Madison SO	
Baker, Brandi SO	McGreen, Tabitha SO	
30.31	1:06.54	1:34.30 2:03.44
10 JW-VA	A	2:11.51
Cavanagh, Rachel JR	Burch, Keilena JR	
Warnagiris, Kimberly FR	Lilly, Grace FR	
34.75	1:14.01	1:40.10 2:11.51

#3 Boys 200 Yard Free

KRHS: 1:44.60@ 2015 Connor A. Webb at 201

20174A W Rec: 1:41.08\$ 2017 Sean Conway

1:51.39 4A VHSL 4A

1:55.73 REG REG 4C

Name	Yr	Team	Finals Time
1 Conway, Sean	JR	LV-VA	1:40.05\$ 4A
	22.89	48.42	1:14.86 1:40.05

2 Quan, Robert	FR	RVHS-VA	1:45.35 4A
	24.51	50.83	1:18.18 1:45.35
3 Smith, Tanner	SR	KRHS-VA	1:46.37 4A
	24.75	51.66	1:19.22 1:46.37
4 Blusiewicz, Andrew	FR	DHS	1:48.72 4A
	24.93	52.43	1:20.97 1:48.72
5 Hunter, Shane		LCHS#	1:49.17 4A
	24.43	52.01	1:20.65 1:49.17
6 Gerstl, Otto	SO	RVHS-VA	1:49.84 4A
	24.81	52.13	1:20.59 1:49.84
7 Northrup, Patrick	SR	MHS-VA	1:49.88 4A
	26.37	54.09	1:22.43 1:49.88
8 Rossbach, John	JR	HHS-VA	1:50.11 4A
	25.94	53.71	1:21.90 1:50.11
9 Eisner, Cole		LCHS#	1:50.14 4A
	24.91	52.41	1:21.29 1:50.14
10 Finan, Garrett	SR	KRHS-VA	1:50.89 4A
	26.23	54.77	1:22.12 1:50.89
11 Sitton, Jackson		JHHS-VA	1:56.05
	25.84	54.76	1:24.78 1:56.05
12 Lind, Jack	SR	RVHS-VA	1:56.19
	25.83	54.59	1:25.04 1:56.19
13 Dorsey, David	JR	JW-VA	2:00.66
	26.35	56.62	1:28.95 2:00.66
14 Baines, Lukas	SO	KRHS-VA	2:01.58
	27.43	58.33	1:30.38 2:01.58
15 Tulupov, Mikhail	FR	HHS-VA	2:06.06
	28.36	59.93	1:33.47 2:06.06
16 Hays, Brian		LCHS#	2:06.49
	27.59	58.96	1:32.14 2:06.49
17 Tufts, Brian		JHHS-VA	2:14.79
	29.39	1:03.49	1:40.06 2:14.79
18 Knight, Zack	JR	KRHS-VA	2:25.46
	31.39	1:07.49	1:46.69 2:25.46

#4 Girls 200 Yard Free

KRHS: 1:56.47@ 2017 Erin M. Kerrigan at VHS

20174A W Rec: 1:51.75\$ 2017 Nicole Fye

2:03.19 4A VHSL 4A

2:08.48 REG REG 4C

Name	Yr	Team	Finals Time
1 Kopac, Allison	SO	RVHS-VA	1:52.16 4A
	26.15	54.58	1:23.59 1:52.16
2 Hemminger, Keely	SR	WGST	1:56.66 4A
	27.59	57.19	1:26.91 1:56.66
3 Vanderloo, Lexie		LCHS#	1:57.59 4A
	27.97	57.81	1:27.85 1:57.59
4 Baker, Brandi	SO	LV-VA	2:00.27 4A
	27.53	57.89	1:29.00 2:00.27
5 Talomie, Peyton	FR	KRHS-VA	2:03.07 4A
	28.09	58.95	1:30.95 2:03.07
6 Dayyani, Ainsley	SO	RVHS-VA	2:05.10 REG
	28.44	1:00.59	1:32.97 2:05.10
7 Monahan, Darby	SO	KRHS-VA	2:07.02 REG
	28.73	1:00.30	1:33.60 2:07.02
8 Logan, Jenna		JHHS-VA	2:19.15
	31.39	1:06.34	1:43.12 2:19.15

Region 4C Championship Meet

Results

(#4 Girls 200 Yard Free)

9	McVey, Madie	SR SHS	2:20.33
	31.34	1:06.09	1:43.34 2:20.33
10	Champ, Melody	SR HHS-VA	2:20.71
	31.16	1:05.89	1:43.32 2:20.71
11	Gannon, Addy	FR SHS	2:21.35
	31.35	1:06.95	1:44.37 2:21.35

#5 Boys 200 Yard IM

KRHS: 1:55.60@ 2014 Zachary T. Webb at VHS
20174A W Rec: 1:53.47\$ 2016 Michael Burris
2:06.29 4A VHSL 4A
2:10.00 REG REG 4C

Name	Yr	Team	Finals Time
1 Hughes, Collin		LCHS#	1:54.26 4A
	24.72	53.51	1:27.78 1:54.26
2 Heenan, Jake		JR KRHS-VA	1:59.14 4A
	25.27	53.64	1:29.23 1:59.14
3 Johnson, Kyle		SO PVHS	2:00.77 4A
	25.75	57.65	1:32.21 2:00.77
4 O'Brien, Sam		FR LV-VA	2:03.48 4A
	26.57	56.95	1:35.00 2:03.48
5 ConlonPhillips, Ethar		JR FHS-VA	2:03.63 4A
	26.41	57.29	1:33.98 2:03.63
6 Kopac, Christopher		FR RVHS-VA	2:03.76 4A
	26.14	57.96	1:34.81 2:03.76
7 Backus, Kyle		LCHS#	2:05.57 4A
	26.95	59.76	1:36.92 2:05.57
8 Pham, Peter		FR SHS	2:09.41 REG
	27.60	1:00.64	1:39.06 2:09.41
9 Lees, Tommy		SO HHS-VA	2:10.28
	27.48	1:02.50	1:38.94 2:10.28
10 Pham, Mathew		JR SHS	2:11.11
	27.42	1:02.46	1:40.46 2:11.11
11 Kahng, Vincent		SO RVHS-VA	2:11.40
	27.16	1:00.08	1:38.88 2:11.40
12 Cram, Trevor		FR SHS	2:31.15
	30.10	1:12.93	1:56.53 2:31.15
13 Woodrum, Daniel		SR JW-VA	2:34.86
	31.62	1:10.54	1:57.97 2:34.86

#6 Girls 200 Yard IM

KRHS: 2:12.52@ 2017 Erin M. Kerrigan at Reg
20174A W Rec: 2:04.57\$ 2015 Annie Boone
2:19.29 4A VHSL 4A
2:27.61 REG REG 4C

Name	Yr	Team	Finals Time
1 Nguyen, Claire		JR RVHS-VA	2:03.05\$ 4A
	26.36	57.12	1:33.90 2:03.05
2 Schlemmer, Rachel		SO DHS	2:06.53 4A
	26.77	58.76	1:35.61 2:06.53
3 Frie, Sarah		SO WGST	2:09.68 4A
	27.00	59.98	1:39.70 2:09.68
4 Warnagiris, Kimberly		FR JW-VA	2:10.16 4A
	26.84	1:01.44	1:39.53 2:10.16
5 Kerrigan, Erin		SO KRHS-VA	2:12.71 4A
	28.67	1:01.92	1:42.36 2:12.71

6 Bernal, Daphne		FR WGST	2:14.92 4A
	29.45	1:06.11	1:43.18 2:14.92
7 Ye, Hannah		SO RVHS-VA	2:17.06 4A
	28.93	1:04.00	1:43.06 2:17.06
8 Missing, Annabel		JR HHS-VA	2:20.31 REG
	29.48	1:07.04	1:47.93 2:20.31
9 De Jong, Emma		FR SHS	2:20.97 REG
	31.53	1:07.97	1:49.97 2:20.97
10 Schultz, Kyra		SO SHS	2:21.31 REG
	29.95	1:05.77	1:48.27 2:21.31
11 Maranto, Molly		SR KRHS-VA	2:22.88 REG
	30.92	1:07.10	1:50.05 2:22.88
12 McCummings, Delana		SO RVHS-VA	2:24.44 REG
	30.60	1:05.50	1:51.27 2:24.44
13 Bernal, Ariel		SO WGST	2:25.06 REG
	33.02	1:09.89	1:52.99 2:25.06
14 Kahng, Isabelle		SO RVHS-VA	2:25.56 REG
	31.78	1:08.79	1:50.28 2:25.56
15 Bengston, Leah		SO FHS-VA	2:28.52
	31.13	1:09.58	1:52.85 2:28.52
16 Restrepo, Anne		JR SHS	2:30.49
	31.58	1:08.89	1:54.81 2:30.49
17 Manzo, Madison		SO LV-VA	2:31.74
	33.63	1:11.46	1:55.57 2:31.74
18 Nefferdorf, Elizabeth		SR KRHS-VA	2:40.18
	32.09	1:15.37	2:03.48 2:40.18
19 Bohon, Adriana		JR KRHS-VA	2:40.25
	32.52	1:11.21	2:05.48 2:40.25
20 Lilly, Grace		FR JW-VA	2:48.19
	37.79	1:19.53	2:09.65 2:48.19
--- Richards, Brooklyn		SO FHS-VA	DFS

#7 Boys 50 Yard Free

KRHS: 21.58@ 2015 James H. Patrick at Reg
20174A W Rec: 21.13\$ 2017 Khalil Fonder
23.09 4A VHSL 4A
23.47 REG REG 4C

Name	Yr	Team	Finals Time
1 Conway, Sean		JR LV-VA	21.34 4A
2 Stevens, Carson		SR PVHS	22.45 4A
3 Whitted, Andy		SR KRHS-VA	22.52 4A
4 Piliere, Ben		SR WGST	22.73 4A
5 Ibrahim, Ayman		SR SHS	22.77 4A
6 Ramberg, Jack		LCHS#	22.87 4A
7 Lippy, Brock		JR RVHS-VA	23.07 4A
8 Webb, Parker		SR KRHS-VA	23.53
9 Wright, Kieran		JR DHS	23.94
10 Bell, Silas		JHHS-VA	24.00
11 Barmak, Taylor		SR RVHS-VA	24.04
12 Kim, Nathan		FR KRHS-VA	24.22
13 McAndrew, Tyler		SO FHS-VA	24.27
14 Walsh, Thomas		SR HHS-VA	24.31
15 Hicks, Zach		SR MHS-VA	24.64
16 Gannon, Angelo		SR SHS	24.75
17 Stearns, Chris		JHHS-VA	26.00

#8 Girls 50 Yard Free

KRHS: 25.05@ 2016 Caitlyn R. Adair at VHS
20174A W Rec: 24.47\$ 2016 Rita Frie
25.99 4A VHSL 4A
26.40 REG REG 4C

Name	Yr	Team	Finals Time
1 Frie, Rita		JR WGST	24.95 4A
2 Bogushesfsky, Ashley		SO DHS	25.38 4A
3 Greig, Morgan		SO RVHS-VA	25.49 4A
4 McMillan, Kelli		FR DHS	25.58 4A
5 Pyle, Ellee		FR WGST	26.03 REG
6 Sutliff, Claire		JR KRHS-VA	26.46
7 Pham, Jordan		SO RVHS-VA	26.64
8 Watts, Meredith		JHHS-VA	26.83
9 Wagner, Nerissa		LCHS#	27.09
10 Twigg, Gracie		SO SHS	27.25
11 Body, Taylor		JR RVHS-VA	27.33
12 Fahey, Natalie		SO KRHS-VA	27.49
13 Armel, Lindley		FR SHS	28.19
14 Keefer, Breanna		SR SHS	28.28
15 Morefield, Quincy		JHHS-VA	28.66
--- McDuffie, Cara		SO LV-VA	DFS

#11 Boys 100 Yard Fly

KRHS: 51.42@ 2014 Zachary T. Webb at VHS
20174A W Rec: 50.16\$ 2016 Khalil Fonder
56.19 4A VHSL 4A
57.71 REG REG 4C

Name	Yr	Team	Finals Time
1 Johnson, Kyle		SO PVHS	53.24 4A
	25.12	53.24	
2 Rossbach, John		JR HHS-VA	53.92 4A
	24.89	53.92	
3 Blusiewicz, Andrew		FR DHS	54.12 4A
	25.53	54.12	
4 Finan, Garrett		SR KRHS-VA	54.27 4A
	25.78	54.27	
5 Goldman, Jake		FR FHS-VA	54.48 4A
	25.88	54.48	
6 Heenan, Jake		JR KRHS-VA	54.98 4A
	25.87	54.98	
7 Barmak, Taylor		SR RVHS-VA	55.04 4A
	25.17	55.04	
8 Koenig, Colby		LCHS#	55.75 4A
	26.44	55.75	
9 Hua, Brian		JR JW-VA	56.00 4A
	26.01	56.00	
10 Sitton, Jackson		JHHS-VA	56.54 REG
	25.59	56.54	
11 Russello, Gage		SR WGST	57.27 REG
	26.33	57.27	
12 Pham, Peter		FR SHS	58.31
	26.28	58.31	
13 Tran, Johnathan		SO RVHS-VA	59.87
	26.87	59.87	
14 Milenski, Jack		SO DHS	1:00.44
	27.19	1:00.44	

Region 4C Championship Meet

Results

#11 Boys 100 Yard Fly

15	Whitted, Liam	SR KRHS-VA	1:04.99
16	Green, Ridge	SR SHS	1:07.13
	31.39	1:07.13	
17	Obetz, Presley	SO FHS-VA	1:15.33
	34.82	1:15.33	

#12 Girls 100 Yard Fly

KRHS: 58.58@ 2017 Erin M. Kerrigan at Reg
20174A W Rec: 56.86\$ 2016 Gabby Zhang
1:02.69 4A VHSL 4A
1:04.70 REG REG 4C

Name	Yr	Team	Finals Time
1	Schlemmer, Rachel	SO DHS	56.51\$ 4A
	26.77	56.51	
2	Frie, Sarah	SO WGST	57.17 4A
	27.20	57.17	
3	Warnagiris, Kimberly	FR JW-VA	57.45 4A
	26.92	57.45	
4	Kerrigan, Erin	SO KRHS-VA	1:00.00 4A
	28.70	1:00.00	
5	Haast, Mikaela	SO RVHS-VA	1:00.51 4A
	28.19	1:00.51	
6	Baker, Brandi	SO LV-VA	1:01.57 4A
	29.11	1:01.57	
7	Kinney, Yaiza	SR HHS-VA	1:02.13 4A
	28.67	1:02.13	
8	Sullivan, Angela	FR RVHS-VA	1:03.03 REG
	29.12	1:03.03	
9	Porter, Claire	FR RVHS-VA	1:03.07 REG
	28.72	1:03.07	
10	Creveling, Kat	SR FHS-VA	1:03.40 REG
	29.69	1:03.40	
11	Ramirez, Chloe	SO RVHS-VA	1:05.04
	30.38	1:05.04	
12	Schultz, Kyra	SO SHS	1:05.49
	30.37	1:05.49	
13	Dinosa, Kathleen	SR DHS	1:05.93
	30.39	1:05.93	
14	Restrepo, Anne	JR SHS	1:08.49
	32.14	1:08.49	
15	Bohon, Adriana	JR KRHS-VA	1:08.74
	31.46	1:08.74	
16	Damico, Sydney	SO SHS	1:09.00
	30.80	1:09.00	
17	Nefferdorf, Elizabeth	SR KRHS-VA	1:09.53
	32.34	1:09.53	
18	Young, Molly	JHHS-VA	1:11.64
	32.99	1:11.64	

#13 Boys 100 Yard Free

KRHS: 47.51@ 2014 James H. Patrick at Reg
20174A W Rec: 46.36\$ 2017 Khalil Fonder
50.79 4A VHSL 4A
52.04 REG REG 4C

Name	Yr	Team	Finals Time
1	Hughes, Collin	LCHS#	46.93 4A
	22.50	46.93	
2	Ibrahim, Ayman	SR SHS	48.95 4A
	23.93	48.95	
3	Piliere, Ben	SR WGST	49.06 4A
	23.41	49.06	
4	Whitted, Andy	SR KRHS-VA	50.89 REG
	23.99	50.89	
5	Smolsky, Jordan	FR HHS-VA	51.27 REG
	24.48	51.27	
6	McCummings, Jackso	JR RVHS-VA	51.32 REG
	24.33	51.32	
7	Lippy, Brock	JR RVHS-VA	52.63
	25.20	52.63	
8	Walsh, Thomas	SR HHS-VA	53.24
	25.63	53.24	
9	Bell, Silas	JHHS-VA	53.30
	25.17	53.30	
10	Wagner, Gavin	LCHS#	53.73
	25.09	53.73	
11	Hicks, Zach	SR MHS-VA	54.64
	25.40	54.69	
12	McAndrew, Tyler	SO FHS-VA	54.69
	26.75	55.76	
13	Gannon, Angelo	SR SHS	55.76
	26.75	55.76	
14	McDonald, Keeyan	JR JW-VA	58.31
	27.72	58.31	
15	Stearns, Chris	JHHS-VA	59.10
	28.60	59.10	

#14 Girls 100 Yard Free

KRHS: 55.74@ 2017 Caitlyn R. Adair at BDH
20174A W Rec: 52.39\$ 2016 Rita Frie
56.89 4A VHSL 4A
58.44 REG REG 4C

Name	Yr	Team	Finals Time
1	Nguyen, Claire	JR RVHS-VA	52.14\$ 4A
	25.24	52.14	
2	Adair, Caitlyn	JR KRHS-VA	54.60@4A
	26.06	54.60	
3	Frie, Rita	JR WGST	54.82 4A
	26.84	54.82	
4	McMillan, Kelli	FR DHS	55.26 4A
	26.77	55.26	
5	Bae, Ashley	SO RVHS-VA	56.00 4A
	27.07	56.00	
6	Greig, Morgan	SO RVHS-VA	56.30 4A
	27.35	56.30	
7	Calvert, Julia	LCHS#	57.94 REG
	27.78	57.94	

8	Sutliff, Claire	JR KRHS-VA	58.63
	27.73	58.63	
9	Jones, Jordyn	SO SHS	58.89
	28.26	58.89	
10	Watts, Meredith	JHHS-VA	59.88
	28.96	59.88	
11	Twigg, Gracie	SO SHS	1:01.03
	28.85	1:01.03	
12	Keefer, Breanna	SR SHS	1:02.27
	29.63	1:02.27	
13	Tucker, Meghan	SO LHS	1:02.52
	29.97	1:02.52	
14	Starustka, Hannah	JR SHS	1:03.64
	30.25	1:03.64	
15	Logan, Jenna	JHHS-VA	1:03.76
	31.00	1:03.76	
---	McDuffie, Cara	SO LV-VA	DFS

#15 Boys 500 Yard Free

KRHS: 4:47.96@ 2010 Matthew Smith at VHSL
20174A W Rec: 4:37.56\$ 2017 Sean Conway
5:00.69 4A VHSL 4A
5:09.97 REG REG 4C

Name	Yr	Team	Finals Time
1	Quan, Robert	FR RVHS-VA	4:44.76 4A
	25.64	53.56	1:22.48 1:51.36
	2:20.62	2:49.69	3:18.63 3:47.48
	4:16.22	4:44.76	
2	Hunter, Shane	LCHS#	4:47.13 4A
	26.06	54.30	1:23.69 1:52.80
	2:21.77	2:50.83	3:20.37 3:49.63
	4:18.81	4:47.13	
3	O'Brien, Sam	FR LV-VA	4:47.17 4A
	26.02	54.25	1:23.25 1:52.25
	2:21.36	2:50.69	3:20.03 3:49.81
	4:19.00	4:47.17	
4	Maranto, Nick	FR KRHS-VA	4:59.18 4A
	27.29	56.51	1:25.96 1:56.39
	2:26.82	2:57.43	3:28.04 3:58.95
	4:29.68	4:59.18	
5	Kopac, Christopher	FR RVHS-VA	4:59.67 4A
	26.45	55.74	1:26.04 1:56.54
	2:27.31	2:57.69	3:28.08 3:58.71
	4:29.32	4:59.67	
6	Gerstl, Otto	SO RVHS-VA	5:00.30 4A
	26.30	55.60	1:25.86 1:56.40
	2:27.38	2:58.25	3:29.12 4:00.20
	4:31.39	5:00.30	
7	Eisner, Cole	LCHS#	5:04.93 REG
	27.41	56.82	1:26.23 1:56.89
	2:28.28	2:58.96	3:30.28 4:01.15
	4:33.44	5:04.93	
8	Northrup, Patrick	SR MHS-VA	5:11.95
	27.62	56.54	1:27.27 1:58.25
	2:29.40	3:01.19	3:33.40 4:06.64
	4:40.20	5:11.95	

Region 4C Championship Meet

Results

#15 Boys 500 Yard Free

9	Baines, Lukas	SO KRHS-VA	5:34.96	
	28.40	1:00.79	1:34.85	2:09.30
	2:43.44	3:17.63	3:51.90	4:27.07
	5:01.74	5:34.96		
10	Tulupov, Mikhail	FR HHS-VA	5:39.68	
	29.02	1:01.77	1:35.07	2:09.20
	2:44.17	3:19.05	3:54.44	4:30.32
	5:05.91	5:39.68		
11	Dorsey, David	JR JW-VA	5:43.73	
	27.90	1:00.86	1:35.22	2:09.95
	2:45.44	3:20.83	3:58.01	4:34.89
	5:09.81	5:43.73		
12	McCarthy, Tim	FR MHS-VA	5:50.16	
	28.83	1:01.94	1:36.83	2:11.89
	2:47.32	3:23.64	4:00.36	4:37.51
	5:14.56	5:50.16		
13	Tufts, Brian	JHHS-VA	6:04.53	
	29.76	1:04.43	1:40.74	2:18.66
	2:56.75	3:34.99	4:14.24	4:52.05
	5:29.70	6:04.53		
14	Bauer, Joshua	SO SHS	6:11.63	
	31.65	1:07.94	1:46.52	2:24.46
	3:02.88	3:42.16	4:19.93	4:58.14
	5:36.01	6:11.63		
15	Woodrum, Daniel	SR JW-VA	6:23.08	
	30.60	1:06.39	1:44.57	2:23.68
	3:02.82	3:42.22	4:22.79	5:03.66
	6:23.08			

#16 Girls 500 Yard Free

KRHS: 5:05.05@ 2017 Erin M. Kerrigan at VHS
20174A W Rec: 4:56.38\$ 2017 Nicole Fye
5:29.19 4A VHSL 4A
5:51.55 REG REG 4C

Name	Yr	Team	Finals Time
1	Kopac, Allison	SO RVHS-VA	5:01.10 4A
	26.64	56.00	1:25.95 1:56.55
	2:27.12	2:57.82	3:28.96 4:00.30
	4:31.50	5:01.10	
2	Hemminger, Keely	SR WGST	5:06.99 4A
	27.39	57.20	1:28.09 1:58.96
	2:30.23	3:01.34	3:32.41 4:03.83
	4:35.57	5:06.99	
3	Vanderloo, Lexie	LCHS#	5:10.46 4A
	28.57	59.19	1:30.59 2:01.91
	2:33.41	3:05.13	3:36.85 4:08.53
	4:39.90	5:10.46	
4	Carter, Hannah	SR WGST	5:15.11 4A
	29.28	1:00.50	1:31.85 2:03.21
	2:34.70	3:06.39	3:38.59 4:10.84
	4:43.38	5:15.11	
5	Fergus, Kenzi	JHHS-VA	5:23.30 4A
	28.71	59.91	1:31.94 2:04.33
	2:37.18	3:09.55	3:42.43 4:16.21
	4:50.05	5:23.30	

6	Dayyani, Ainsley	SO RVHS-VA	5:33.89 REG
	29.46	1:02.53	1:36.44 2:10.83
	2:44.99	3:18.93	3:53.45 4:27.66
	5:01.75	5:33.89	
7	Missing, Annabel	JR HHS-VA	5:33.93 REG
	30.38	1:04.04	1:38.56 2:13.35
	2:48.10	3:22.00	3:56.65 4:30.60
	5:03.43	5:33.93	
8	Hanson, Sophia	SO WGST	5:40.75 REG
	30.24	1:03.48	1:37.64 2:11.95
	2:46.64	3:21.41	3:56.56 4:31.91
	5:06.96	5:40.75	
9	Sullivan, Angela	FR RVHS-VA	5:44.50 REG
	31.56	1:06.16	1:41.04 2:16.99
	2:51.87	3:26.71	4:01.93 4:37.85
	5:12.05	5:44.50	
10	Monahan, Darby	SO KRHS-VA	5:44.57 REG
	31.53	1:06.39	1:41.41 2:16.53
	2:51.78	3:26.95	4:02.07 4:37.11
	5:11.68	5:44.57	
11	Armell, Lindley	FR SHS	5:46.48 REG
	30.87	1:05.18	1:39.83 2:14.92
	2:50.16	3:25.79	4:01.65 4:36.99
	5:12.12	5:46.48	
12	Creveling, Kat	SR FHS-VA	5:49.89 REG
	30.87	1:05.01	1:40.24 2:15.57
	2:50.77	3:26.71	4:02.38 4:38.52
	5:14.70	5:49.89	
13	Hain, Mikayla	SO WGST	5:57.93
	31.63	1:06.36	1:41.72 2:17.73
	2:54.04	3:30.93	4:08.40 4:45.42
	5:22.90	5:57.93	
14	Ramirez, Chloe	SO RVHS-VA	5:59.55
	32.29	1:06.79	1:42.17 2:18.51
	2:54.84	3:31.91	4:09.40 4:46.88
	5:23.95	5:59.55	
15	Boyle, Josephine	LCHS#	6:01.16
	31.06	1:05.92	1:42.37 2:18.70
	2:55.44	3:32.98	4:10.04 4:47.83
	5:24.91	6:01.16	
16	Ho, Jovia	SR HHS-VA	6:06.83
	33.03	1:09.26	1:45.84 2:22.88
	3:00.22	3:38.23	4:16.31 4:53.67
	5:30.97	6:06.83	
17	Young, Molly	JHHS-VA	6:11.80
	32.66	1:08.84	1:46.28 2:24.63
	3:02.80	3:40.95	4:19.34 4:58.05
	5:35.58	6:11.80	
18	Gannon, Addy	FR SHS	6:24.09
	32.59	1:08.61	1:46.55 2:25.16
	3:04.70	3:44.73	4:25.16 5:05.06
	5:45.74	6:24.09	

#17 Boys 200 Yard Free Relay

KRHS: 1:28.63@ 2015 Kettle Run High School
C. Webb, A. Tice, N. Fallows, J. Patrick
20174A W Rec: 1:30.39\$ 2015 King George High School
J Bonilla-Vazquez, N Wilson, R Morrow, R Bonilla-V
1:37.49 4A VHSL 4A
1:38.20 REG REG 4C

Team	Relay	Finals Time
1	KRHS-VA	A 1:31.52 4A
	Whitted, Andy SR	Heenan, Jake JR
	Webb, Parker SR	Maranto, Nick FR
	23.30	45.49 1:08.75 1:31.52
2	LV-VA	A 1:31.69 4A
	VanTassell, Mason JR	Conway, Sean JR
	O'Brien, Sam FR	Serafin, Wyatt SR
	23.71	44.90 1:08.51 1:31.69
3	RVHS-VA	A 1:32.44 4A
	Kopac, Christopher FR	Barmak, Taylor SR
	Gerstl, Otto SO	Lippy, Brock JR
	23.81	47.14 1:09.94 1:32.44
4	LCHS#	A 1:32.94 4A
	Koenig, Colby	Ramberg, Jack
	Seck, Michael	Eisner, Cole
	23.35	46.35 1:10.28 1:32.94
5	HHS-VA	A 1:35.65 4A
	Walsh, Thomas SR	Lees, Tommy SO
	Smolsky, Jordan FR	Roszbach, John JR
	24.46	48.66 1:12.06 1:35.65
6	DHS	A 1:36.50 4A
	Wright, Kieran JR	Milenski, Jack SO
	Curran, Michael SO	Blusiewicz, Andrew FR
	24.31	49.63 1:13.12 1:36.50
7	PVHS	A 1:37.15 4A
	Johnson, Kyle SO	Carroll, Brandon SR
	Muller, Christian SR	Stevens, Carson SR
	23.35	49.11 1:14.43 1:37.15
8	WGST	A 1:38.04 REG
	Russello, Gage SR	Turman, Vincent SO
	Markey, Liam SO	Piliere, Ben SR
	23.83	49.49 1:14.47 1:38.04
9	JHHS-VA	A 1:38.20 REG
	Bell, Silas	Stearns, Chris
	Tufts, Brian	Sitton, Jackson
	24.00	48.78 1:14.48 1:38.20
10	JW-VA	A 1:40.06
	Hua, Brian JR	Dorsey, David JR
	McDonald, Keeyan JR	Woodrum, Daniel SR
	23.76	48.72 1:14.47 1:40.06
11	SHS	A 1:49.27
	Leckie, Michael JR	Cadd, Dylan SO
	Cram, Trevor FR	Green, Ridge SR
	27.18	55.65 1:22.29 1:49.27
12	FHS-VA	A 1:55.79
	McAndrew, Tyler SO	Obetz, Presley SO
	Patusky, Luke SO	Copperthite, Alex SO
	24.71	54.44 1:55.79

Region 4C Championship Meet

Results

#18 Girls 200 Yard Free Relay
KRHS: 1:43.65@ 2013 Kettle Run High School
K. Cook, P. Helou, J. Roda, C. Brizzi
20174A W Rec:39.:24001\$ 2016 Rock Ridge High School
G Zhang, E Davis, A MacMillan, N Fye
1:47.29 4A VHSL 4A
1:50.35 REG REG 4C

Team	Relay	Finals Time
1 DHS	A	1:41.05 4A
	Schlemmer, Rachel SO	Bogushesky, Ashley SO
	Joyner, Rhiann SO	McMillan, Kelli FR
	24.63 49.75	1:16.06 1:41.05
2 RVHS-VA	A	1:42.52 4A
	Haast, Mikaela SO	Pham, Jordan SO
	Bae, Ashley SO	Greig, Morgan SO
	26.24 52.51	1:17.80 1:42.52
3 WGST	A	1:43.72 4A
	Pyle, Ellee FR	Jones, Kameron SO
	Hemminger, Keely SR	Frie, Rita JR
	26.31 53.81	1:18.87 1:43.72
4 KRHS-VA	A	1:44.79 4A
	Adair, Caitlyn JR	Maranto, Molly SR
	Talomie, Peyton FR	Sutliff, Claire JR
	25.73 52.03	1:18.98 1:44.79
5 HHS-VA	A	1:47.98 REG
	Kinney, Yaiza SR	Overton, Audrey JR
	Champ, Melody SR	Missing, Annabel JR
	26.83 54.45	1:22.43 1:47.98
6 JHHS-VA	A	1:49.76 REG
	Morefield, Quincy	Logan, Jenna
	Fergus, Kenzi	Watts, Meredith
	28.41 57.07	1:23.54 1:49.76
7 LCHS#	A	1:50.73
	Houck, Julia	Young, Nami
	Blest, McKenna	Boyle, Josephine
	27.61 55.09	1:22.88 1:50.73
8 SHS	A	1:51.02
	Twigg, Gracie SO	Restrepo, Anne JR
	Starustka, Hannah JR	Keefer, Breanna SR
	27.80 55.56	1:23.78 1:51.02
9 FHS-VA	A	2:07.95
	Irvin, Ella SO	Ward, Bridget JR
	Pascoe, Katelyn SO	Keilholtz, Jillian SO
	38.93 1:02.30	1:35.17 2:07.95

#19 Boys 100 Yard Back
KRHS: 52.79@ 2015 Connor A. Webb at Regi
20174A W Rec: 51.01\$ 2016 Khalil Fonder
57.79 4A VHSL 4A
1:01.00 REG REG 4C

Name	Yr	Team	Finals Time
1 Smolsky, Jordan	FR	HHS-VA	54.96 4A
	26.95	54.96	
2 Wagner, Gavin		LCHS#	57.29 4A
	27.45	57.29	
3 VanTassell, Mason	JR	LV-VA	58.11 REG
	28.13	58.11	

4 Lind, Jack	SR	RVHS-VA	58.80 REG
	28.48	58.80	
5 Koenig, Colby		LCHS#	59.17 REG
	28.71	59.17	
6 Hua, Brian	JR	JW-VA	1:00.04 REG
	29.12	1:00.04	
7 Chin, Ray	SR	RVHS-VA	1:00.14 REG
	28.47	1:00.14	
8 Silpacharn, Pawon	JR	RVHS-VA	1:00.16 REG
	29.04	1:00.16	
9 McCarthy, Tim	FR	MHS-VA	1:02.19
	30.39	1:02.19	
10 Love, Mercer		JHHS-VA	1:04.44
11 Whitted, Liam	SR	KRHS-VA	1:08.91
	32.50	1:08.91	
12 Bauer, Joshua	SO	SHS	1:12.70
	35.63	1:12.70	
13 Peterson, Kyle	SO	KRHS-VA	1:12.99
	34.96	1:12.99	
---	Dooley, Brennan	SO	MHS-VA DFS

#20 Girls 100 Yard Back
KRHS: 59.68@ 2012 Kelsey M. Smith at 2012
20174A W Rec: 53.73\$ 2015 Annie Boone
1:03.69 4A VHSL 4A
1:06.23 REG REG 4C

Name	Yr	Team	Finals Time
1 Adair, Caitlyn	JR	KRHS-VA	59.65@4A
	28.84	59.65	
2 Carter, Hannah	SR	WGST	1:00.52 4A
	29.85	1:00.52	
3 Haast, Mikaela	SO	RVHS-VA	1:00.56 4A
	29.95	1:00.56	
4 Bogushesky, Ashley	SO	DHS	1:00.76 4A
	29.25	1:00.76	
5 Fergus, Kenzi		JHHS-VA	1:02.10 4A
	30.20	1:02.10	
6 Calvert, Julia		LCHS#	1:02.57 4A
	30.02	1:02.57	
7 McCummings, Delan	SO	RVHS-VA	1:03.79 REG
	31.10	1:03.79	
8 Porter, Claire	FR	RVHS-VA	1:03.98 REG
	30.35	1:03.98	
9 Jones, Jordyn	SO	SHS	1:04.49 REG
	31.33	1:04.49	
10 Lu, Jessica	SR	LV-VA	1:05.10 REG
	31.13	1:05.10	
11 Wagner, Nerissa		LCHS#	1:05.68 REG
	31.60	1:05.68	
12 Bernal, Ariel	SO	WGST	1:06.74
	32.31	1:06.74	
13 Damico, Sydney	SO	SHS	1:09.01
	33.48	1:09.01	
14 Morefield, Quincy		JHHS-VA	1:10.88
	34.04	1:10.88	
15 Larkin, Beth	SR	FHS-VA	1:11.83
	33.89	1:11.83	

16 Fahey, Natalie	SO	KRHS-VA	1:12.00
	34.26	1:12.00	
17 Cavanagh, Rachel	JR	JW-VA	1:12.85
	36.17	1:12.85	

#21 Boys 100 Yard Breast
KRHS: 1:00.74@ 2017 Tanner S. Smith at VHS
20174A W Rec: 56.49\$ 2017 Michael Burriss
1:04.09 4A VHSL 4A
1:06.47 REG REG 4C

Name	Yr	Team	Finals Time
1 Stevens, Carson	SR	PVHS	59.39 4A
	28.08	59.39	
2 Backus, Kyle		LCHS#	1:00.63 4A
	28.88	1:00.63	
3 Smith, Tanner	SR	KRHS-VA	1:01.05 4A
	29.27	1:01.05	
4 Maranto, Nick	FR	KRHS-VA	1:01.92 4A
	28.96	1:01.92	
5 Lees, Tommy	SO	HHS-VA	1:02.36 4A
	29.11	1:02.36	
6 Goldman, Jake	FR	FHS-VA	1:03.35 4A
	30.29	1:03.35	
7 Russello, Gage	SR	WGST	1:03.53 4A
	29.50	1:03.53	
8 Turman, Vincent	SO	WGST	1:04.06 4A
	29.36	1:04.06	
9 McCummings, Jackso	JR	RVHS-VA	1:04.79 REG
	29.88	1:04.79	
10 Pham, Mathew	JR	SHS	1:05.20 REG
	29.68	1:05.20	
11 Kahng, Vincent	SO	RVHS-VA	1:05.48 REG
	30.83	1:05.48	
12 Kane, Jake	SR	RVHS-VA	1:05.55 REG
	30.68	1:05.55	
13 ConlonPhillips, Ethar	JR	FHS-VA	1:05.99 REG
	31.56	1:05.99	
14 Ramberg, Jack		LCHS#	1:06.08 REG
	30.85	1:06.08	
15 Wright, Kieran	JR	DHS	1:06.30 REG
	31.17	1:06.30	
16 Webb, Parker	SR	KRHS-VA	1:08.07
	31.98	1:08.07	
17 Slater, Bobby	SO	FHS-VA	1:09.84
	31.82	1:09.84	
18 Green, Ridge	SR	SHS	1:11.26
	33.33	1:11.26	
19 Moss, Ethan		JHHS-VA	1:16.13
	35.22	1:16.13	
20 Leckie, Michael	JR	SHS	1:17.50
	37.00	1:17.50	

Region 4C Championship Meet

Results

#22 Girls 100 Yard Breast

KRHS: 1:11.86@ 2010 Kelsey M. Smith at KRH

20174A W Rec: 1:06.16\$ 2017 Tara Enneking

1:12.69 4A VHSL 4A

1:15.64 REG REG 4C

Name	Yr	Team	Finals Time
1 Bernal, Daphne		FR WGST	1:05.49\$ 4A
	30.75	1:05.49	
2 Ye, Hannah		SO RVHS-VA	1:08.99 4A
	32.51	1:08.99	
3 De Jong, Emma		FR SHS	1:09.84 4A
	32.18	1:09.84	
4 Kinney, Yaiza		SR HHS-VA	1:09.97 4A
	32.91	1:09.97	
5 Wiles, Taylor		FR DHS	1:11.17 4A
	32.65	1:11.17	
6 Hanson, Sophia		SO WGST	1:11.39 4A
	33.45	1:11.39	
7 Bae, Ashley		SO RVHS-VA	1:11.44 4A
	34.05	1:11.44	
8 Pyle, Ellee		FR WGST	1:12.01 4A
	33.33	1:12.01	
9 Kahng, Isabelle		SO RVHS-VA	1:12.84 REG
	34.39	1:12.84	
10 Talomie, Peyton		FR KRHS-VA	1:14.12 REG
	34.87	1:14.12	
11 Davis, Spencer		LCHS#	1:14.19 REG
	34.58	1:14.19	
12 Maranto, Molly		SR KRHS-VA	1:14.45 REG
	35.23	1:14.45	
13 Popovich, Kylee		JR DHS	1:15.38 REG
	34.75	1:15.38	
14 Bengston, Leah		SO FHS-VA	1:18.35
	36.10	1:18.35	
15 Felix, Kendall		JHHS-VA	1:19.05
	36.28	1:19.05	
16 Starustka, Hannah		JR SHS	1:19.11
	38.27	1:19.11	
17 Tucker, Meghan		SO LHS	1:21.40
	38.03	1:21.40	
18 O'Hara, Maura		SR KRHS-VA	1:24.56
	39.12	1:24.56	
--- Richards, Brooklyn		SO FHS-VA	DFS

#23 Boys 400 Yard Free Relay

KRHS: 3:14.11@ 2015 Kettle Run High School

C. Webb, A. Tice, N. Fallows, J. Patrick

20174A W Rec: 3:17.69\$ 2015 King George High School

M Minero, J Miller, R Morrow, R Bonilla-Vazquez

3:29.89 4A VHSL 4A

3:39.02 REG REG 4C

Team	Relay	Finals Time
1 LCHS#	A	3:17.70 4A
Ramberg, Jack	Hughes, Collin	
Hunter, Shane	Backus, Kyle	
	24.42 51.25	1:13.42 1:37.57
	2:00.89 2:27.40	2:50.97 3:17.70

2 KRHS-VA	A	3:23.77 4A
Finan, Garrett SR	Webb, Parker SR	
Maranto, Nick FR	Smith, Tanner SR	
	24.03 50.04	1:16.09 1:44.05
	2:08.29 2:34.73	2:57.79 3:23.77
3 RVHS-VA	A	3:25.54 4A
Gerstl, Otto SO	Kopac, Christopher FR	
McCummings, Jackson JR	Quan, Robert FR	
	24.44 50.92	1:15.19 1:41.96
	2:07.99 2:36.94	3:00.26 3:25.54
4 LV-VA	A	3:28.25 4A
Conway, Sean JR	VanTassell, Mason JR	
Serafin, Wyatt SR	O'Brien, Sam FR	
	22.74 46.75	1:12.52 1:40.67
	2:07.07 2:36.22	3:00.96 3:28.25
5 SHS	A	3:32.15 REG
Pham, Peter FR	Gannon, Angelo SR	
Pham, Mathew JR	Ibrahim, Ayman SR	
	24.93 52.61	1:18.12 1:46.85
	2:12.74 2:43.02	3:06.64 3:32.15
6 FHS-VA	A	3:42.67
ConlonPhillips, Ethan JR	McAndrew, Tyler SO	
Slater, Bobby SO	Goldman, Jake FR	
	25.50 52.52	1:19.19 1:48.95
	2:17.20 2:50.22	3:14.94 3:42.67
7 DHS	A	3:45.73
Milenski, Jack SO	James, Alex FR	
Titov, Max FR	Curran, Michael SO	
	26.71 56.68	1:22.84 1:51.34
	2:18.99 2:50.48	3:16.05 3:45.73
8 JW-VA	A	3:46.27
Dorsey, David JR	McDonald, Keevan JR	
Woodrum, Daniel SR	Hua, Brian JR	
	26.33 55.90	1:23.80 1:54.58
	2:21.62 2:52.43	3:18.00 3:46.27
9 HHS-VA	A	3:50.60
Kearin, Sean FR	McShaffrey, Dylan JR	
Stover, Danny JR	Tran, Minh SO	
	26.61 57.94	1:13.58 1:55.89
	2:22.99 2:55.14	3:21.07 3:50.60

#24 Girls 400 Yard Free Relay

KRHS: 3:48.20@ 2018 Kettle Run High School

C. Adair, E. Kerrigan, M. Maranto, P. Talomie

20174A W Rec: 3:34.50\$ 2017 Rock Ridge High School

G Zhang, E Davis, A MacMillan, N Fye

3:56.39 4A VHSL 4A

4:07.58 REG REG 4C

Team	Relay	Finals Time
1 RVHS-VA	A	3:36.58 4A
Nguyen, Claire JR	Bae, Ashley SO	
Ye, Hannah SO	Kopac, Allison SO	
	25.41 52.44	1:19.12 1:48.12
	2:14.16 2:43.50	3:08.90 3:36.58
2 WGST	A	3:41.87 4A
Hemminger, Keely SR	Carter, Hannah SR	
Frie, Sarah SO	Frie, Rita JR	
	27.07 55.79	1:22.73 1:51.84
	2:17.29 2:45.27	3:11.71 3:41.87

3 SHS	A	3:56.51 REG
Schultz, Kyra SO	Twigg, Gracie SO	
Jones, Jordyn SO	De Jong, Emma FR	
	28.48 59.22	1:28.31 2:01.71
	2:29.49 3:00.48	3:26.89 3:56.51
4 LCHS#	A	3:59.95 REG
Vanderloo, Lexie	Calvert, Julia	
Wagner, Nerissa	Davis, Spencer	
	27.33 56.04	1:24.76 1:57.57
	2:26.75 2:58.68	3:26.96 3:59.95
5 KRHS-VA	A	4:01.31 REG
Kerrigan, Erin SO	Monahan, Darby SO	
Fahey, Natalie SO	Maranto, Molly SR	
	28.34 58.25	1:27.31 1:59.21
	2:29.69 3:03.03	3:30.67 4:01.31
6 DHS	A	4:02.44 REG
Dinosa, Kathleen SR	Dinosa, Ashley FR	
Downes, Dylan JR	Joyner, Rhiann SO	
	28.63 59.91	1:28.96 2:02.67
	2:31.77 3:03.99	3:32.42 4:02.44
7 LV-VA	A	4:06.33 REG
Manzo, Madison SO	Lu, Jessica SR	
Lear, Emma SR	Baker, Brandi SO	
	29.36 1:01.37	1:30.23 2:02.10
	2:34.30 3:10.71	3:37.17 4:06.33
8 FHS-VA	A	4:10.92
Bengston, Leah SO	Creveling, Kat SR	
Hardy, Quinn SO	Larkin, Beth SR	
	29.09 1:02.13	1:31.16 2:02.97
	2:33.30 3:07.08	3:37.53 4:10.92
9 HHS-VA	A	4:13.88
Frisby, Amanda SO	Porter, Abby SR	
Ho, Jovia SR	Overton, Audrey JR	
	30.34 1:04.76	1:35.24 2:11.84
	2:41.04 3:13.04	3:42.06 4:13.88
10 JHHS-VA	A	4:18.13
Logan, Jenna	Rickman, Jade	
Young, Molly	Morefield, Quincy	
	31.19 1:05.27	1:37.16 2:10.22
	2:39.62 3:12.33	3:43.34 4:18.13

Scores - Women

Women - Team Rankings - Through Event 24

1. Riverside High School	291
2. Woodgrove Swim Team	234
3. Dominion High School	160
4. Kettle Run High School	155
5. Loudoun County HS	102
6. Sherando High School	97
7. Heritage High School	75
8. John Handley High School	67
9. Loudoun Valley High School	45
10. James Wood High School	29
11. Fauquier High School	22

Region 4C Championship Meet**Results****Scores - Men**

Men - Team Rankings - Through Event 24	
1. Kettle Run High School	207
2. Loudoun County HS	206
3. Riverside High School	203
4. Loudoun Valley High School	119
5. Heritage High School	116
6. Park View High School-Sterling	81
6. Sherando High School	81
8. Dominion High School	73
9. Woodgrove Swim Team	65
10. Fauquier High School	50
11. James Wood High School	31
12. John Handley High School	29
13. Millbrook High School	27